A Brief History of the Department of Psychiatry, Kaiser Hospital, San Francisco

CHARLES J. VELLA, PHD NOV. 5, 2009

Kaiser Permanente

- ▶ 1933: Dr. Sidney Garfield: First prepayment health plan for 5000 workers building the Los Angeles Aqueduct in the Mohave Desert. Workers pay about a nickel a day and receive full medical care from Dr. Garfield.
- 1938: Henry Kaiser hires Dr. Garfield. Dr. Garfield assumes operation of the Mason City, Washington, hospital at Grand Coulee Dam, providing health care to 15,000 workers and their families.
- 1942: The name Permanente is adopted, picked by Henry Kaiser's first wife, Bess, because of her love of Permanente Creek that flows year round on the San Francisco peninsula.

KP History

- ▶ 1948: The Permanente Medical Group (TPMG) is formed as a partnership. With the nearly simultaneous formation of the nonprofit Kaiser Foundation Hospitals and the Kaiser Foundation, the organization takes on its modern, multi-entity shape.
- ▶ 1973: The Permanente Medical Group allergist <u>Dr. Benjamin Feingold</u> publishes a paper on the <u>relation of food additives to hyperactivity</u> in children. The regimen he prescribes becomes known as "the <u>Kaiser Permanente Diet</u>." His book becomes a national bestseller. Ultimately discredited theory.

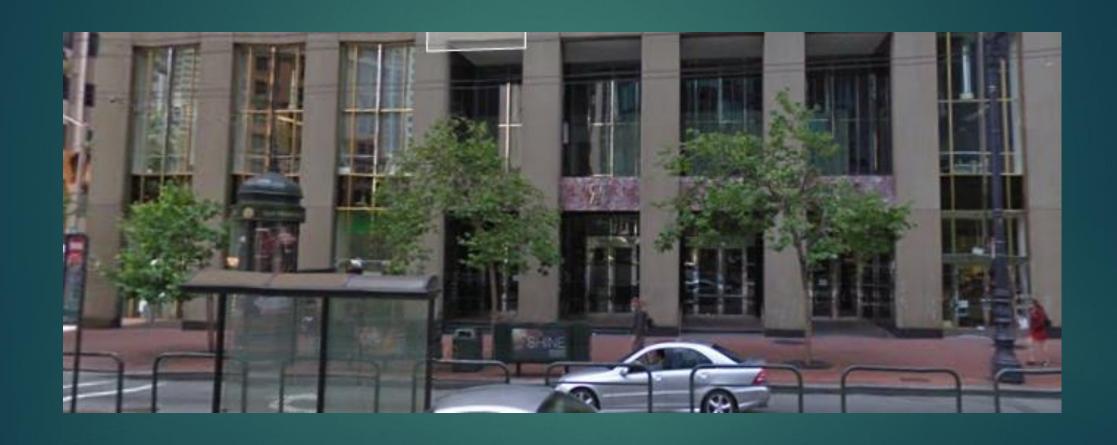
Mystery Building: 331 Pennsylvania St.





Near Mariposa Exit of 280

Original SF KP Clinic Building, 515 Market (What's there now)



Socialist Medicine: The KP Beginnings ~ 1950

- Avram Yedida:
- A rented building at <u>515 Market Street</u>.
- ▶ Shortly after the city and county employees joined, we also <u>purchased a small hospital</u> in San Francisco. We purchased it because we couldn't get hospital privileges for our doctors in any San Francisco hospital.

Socialist medicine

- [Permanente] Harbor Hospital--little Harbor hospital in San Francisco, thirty-five bed hospital at 331 Pennsylvania Avenue that Dr. Garfield bought in order that there be a San Francisco Permanente hospital.
- ▶ Both the 515 Market Street clinic and the 35-bed Permanente Harbor Hospital across town on Potrero Hill.
- 1954 Geary St. Hospital built

Socialist Medicine: The KP Beginnings ~ 1950

► Purchased [Permanente] Harbor Hospital because KP could not get hospital privileges for our doctors in any San Francisco hospital.

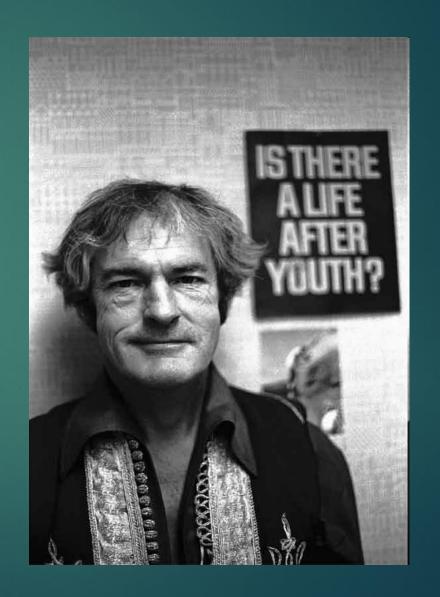
► "Socialist medicine" then...

but now KP MD is president of Calif. Medical Association

Henry Kaiser Hired Tim Leary

In the mid-1950s <u>Dr.</u>
<u>Timothy Leary</u> worked as director of <u>Kaiser</u>
<u>Psychological Research</u>
<u>Center</u> in Oakland.

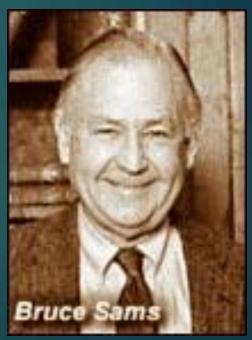
Waiting list research



San Francisco PICS

- Morris Collen: Multiphasic, Division of Research
- John Smilie
- Bruce Sams (became the 2nd Executive Director of the Medical Group)
- Walter Harry Caulfield 1978 (ditto)
- ► Robert Kennedy 1982
- ▶ Joan Simon, a pathologist
- ► Phil Madvig 1989
- ► Bruce Blumberg, genetics
- Robert Methuin, ex-chief of medicine of French Hospital





1954 Kaiser Hospital (older blg in back)



First Location of Psych Dept

First office: the Northwest corner of Baker and Geary across from the

hospital.



2nd Location: 2350 Geary, 3rd Floor

Dermatology, Psychiatry,Physical Therapy Departments

Itch, Bitch, &TwitchDepartments





Third Location: French Campus, 4141 Geary











Third Location: French Campus

- ► Move to French Campus was in 1996
- ► Group of 7 (Jim, Angela, Karen C, Mark, Fran, Karen S., Pam) moved their first in 1994
- Ray and Charlie on design committee
- Everyone gets computers
- Sick Building Syndrome
- ▶ 3 room temperature control: Menopause Wars

I Know where the bodies are all buried....



But...

Being a manager requires my maintaining utter confidentiality about all the weird, bizarre, crazy, rambunctious....

So bodies will stay buried

...at least til my autobiography.

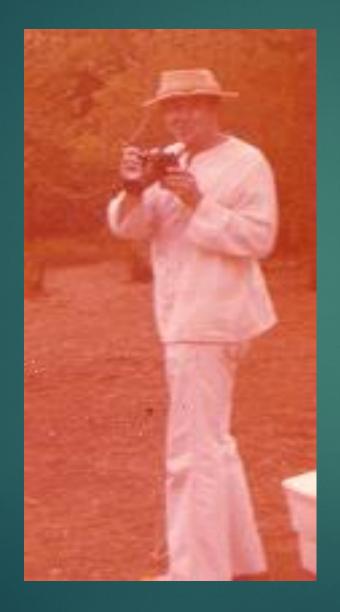
Bernard (Barney) Kahn, MD

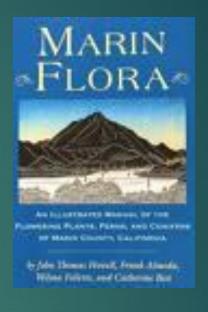
- ▶ 1st Chief Psychiatrist, 1955, d. 1968 (13 years)
- Science Fiction Short Story Writer:
 - ► Command, *Astounding* Jan 1947
 - ► For the Public, *Astounding* Dec 1946
 - ▶ "In Memoriam—Bernard I. Kahn" by John W. Campbell, Jr., Nebula Award Stories 4, ed. Poul Anderson, Garden City, NY: Doubleday 1969
- Died in his office of a heart attack while giving a deposition to an attorney. David Rosen gave CPR.

Only 30% of KP patients had Psych Coverage: New intake box circa 1978



William T. (Bill) Follette, MD





Hired 1956 (\$900/m salary)

Second Chief Psychiatrist, 15 years, 1968-1983

Great Nature Photographer

Bill Follette 2

- ► First took over doing hospital consults from Barney
- Named co-Chief
- ► Chief 5 years later in 1968
- ► Hospital consults with interns
- ▶ Bill's Primer for New Staff: 1st DSM Manual
- Would hand out NAI4s as needed

Bill Follette 3

- Anti-psychoanalytic; pro effective therapy; first session is crucial
- ▶ 1st to publish on the <u>effect of psychotherapy visits and medical</u> <u>utilization study</u> (50% of medical visits are psychological in nature; a single psychotherapy visit reduces medical utilization)
- Stay safe: Husband of woman pt in long coat. Pulled out long lead pipe and demanded her chart. Bill gave him the chart then called security. Stay safe first!

First Christmas present from Bill to each staff member



Take Care of those Nuts

First Staff

- Edna Fitch, MD (worked with children, but not trained in pediatrics); worked until age 85 in 1977; "You can't die here, you have to go to ER for that."
- ► Hal Gurish, LCSW, 1st Chief Social Worker
- ▶ Nanette Hyman PhD, before 1959, half time, 1 year, 1st (child) psychologist
- Betty Kalis, PhD, before 1959, half time, 1 year

Nick Cummings PhD, 1957-1982

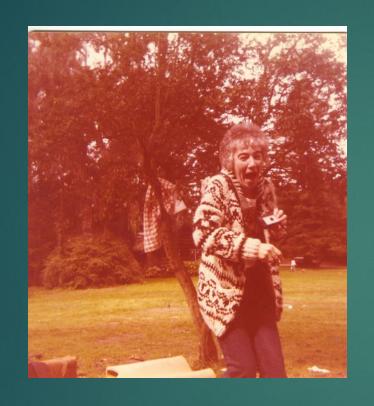




Nick

- ▶ 1st full-time psychologist, 1957-1979, 1981-1982
- ▶ 1st Chief Psychologist (1959-1975, 16 y)
- President of California Psychological Association
- President of American Psychological Association, 1979
- Executive Director of the Mental Research Institute in Palo Alto, 1979-1980
- Charlie's first supervisor at SF; came in wearing a gas mask for delusional patient wo believed there were poisonous fumes; exclusion therapy (2 weeks dry before Tx)
- Instrumental in foundation of CSPP
- Founder of Biodyne (based on KP Psych)
- ▶ Sold Biodyne to Merck for \$67 Million
- ► The Nicholas and Dorothy Cummings Foundation
- ► Author of 47 books

Marcine Johnson, PhD





1st Intern, 1960, staff 1961-1997, 37 years in Psychiatry, Founder of "Helping Hand", "The Chute"; the mystery upside down picture outside her office

Staff in 1960

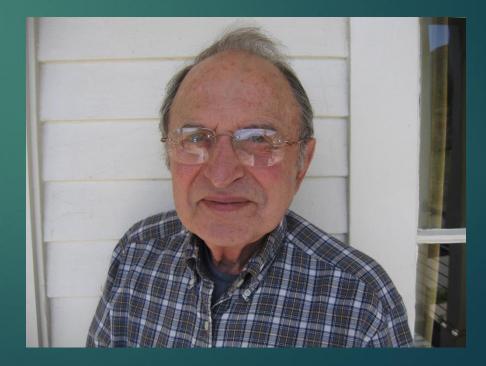
- ▶ 10 Staff: Barney Kahn, Bill Follette, Edna Fitch, Hall Gurish, Hyman, Kalis, Nick Cummings, Marcine Johnson
- Marilyn Affelder, MA intern, then staff 1961- (went to Oakland as Psych. Assist to Jerry Travis)
- ► Al Talkoff, PhD
- ► Eva (Lapin) Maas, M.S.W., ~ 1962 (x 20 y)
 - ▶ 1st Psych MSW working in Pediatrics;
 - ▶ wrote Looking Back on a Life in the Left
- ► Maryann Shea, M.S.W., ~1962

Mid 1960s

- David Rosen, MD, 1966-1971, 1st Child Psychiatrist; set up first regular mtg with pediatrics (later Chief at SRF (1979-1992), Chief of Chiefs, 1990, and in 1995 private practice)
- Jerry Cowan, MD (went to Oakland KP)
- ? Hitchens, MD (went to SSF)
- ► Esther Frankel, PhD, 1st child psychologist
- ► Richard Metz, PhD, 9/1967-6/1997, 30 y: Pedi Multiphasic
- Alex Nemeth, PhD, went to Martinez
- Steve Hawthorne, LCSW, -1976; child therapist; rats in office

Bill Follette and Dave Rosen, 2009





Harriet Rosenthal, 2nd Chief Social Worker, 1976-1991



1970s

- ▶ John Lowitz, MD, Asst. Chief 1966 until 1979 (to Walnut Creek); tradition of "dead pts" in schedule, Bay Bridge late phone calls
- ► Madeline Grumbach, MD, child psychiatrist, 1966-1978 ("epileptic boy" = boy would throw fake fit in front of secretaries until she told him to stop it)
- Jean Silber (now Sheperd), PhD, intern, 1972-1974
- Fr. Paul Paradis, PhD ~1976-11/1987; 1st gay psychologist, Jesuit Priest

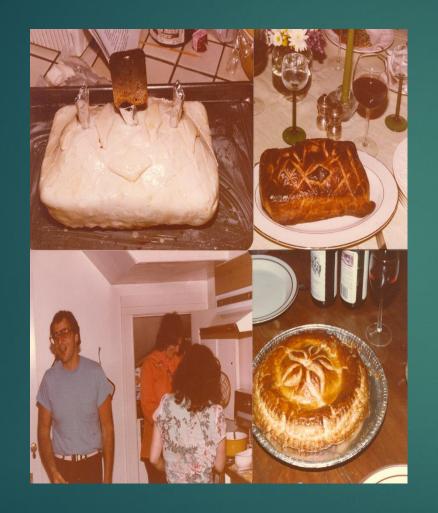


Arthur Solomon, PhD

- ▶ Intern 1968, 1971, 1973
- ➤ 2nd Chief Psychologist (1976-1987, 11 y)
- ▶ 1988-1990 staff
- Great Punster (he secretly turned Marcine's picture upside down)



Gary Lucchese, PhD, 1974-1990, Chief ADAP 2 years, Behaviorist → Psychoanalyst





Julia's Beef Wellington and desert

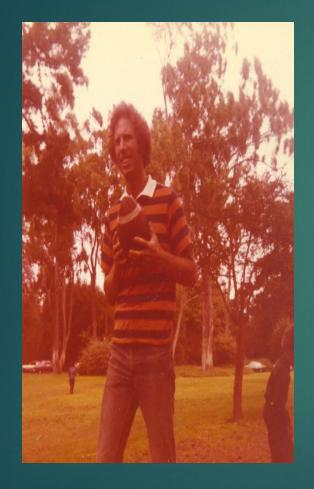
Les Campbell, MA ~1975 1st African American therapist



1970s

- ► Tarasoff Decision, 1976
- ▶ \$1 co-fee; \$29 per visit if no Psych coverage
- Pts billed for FTKA (failure to keep appt.)
- Reception: did Triage, booked pts with therapists, assigned hospital consults (if you had a cancelled pt)
- Thursday night was group night
- Clinic closed Thursday AM; open Saturday mornings

1977: 3 new interns



Jeff Bragman



Charlie Vella All hired in 1978



Connie Rubiano, LCSW First Bilingual Spanish

Staff Picnic ~1976





Picnic circa 1980: Marilyn, Charlie, Peter, Gary, Fred



Charlie Vella, PhD, 1975-2009

- ► Hayward Kaiser predoc 1975
- ► San Francisco predoc 1976
- ► San Francisco postdoc 1977
- 9/1978 staff psychologist, \$24,000
- ▶ 1979 Representative to Regional Association ("union")
- ▶ 1982: 1st reference to "<u>psychoneurological examination</u>" at regional meeting
- 3rd Chief Psychologist, 3/1988-2003 (15 years)
- ▶ 1988 fought for and gained full <u>staff privileges</u> for psychologists; changed SF Kaiser by-laws
- ▶ Behavioral Health Manager-Neuropsychology II- 2003-2009

CJV 2

- ► Helped to create Regional Psychology Group, treasurer 1994-1999
- Founded 1st Neuropsychology service in NCal KP
- Regular Regional Mtgs: Association, Managers (1988-), Depression Best Practice (1994-), Neuropsychology, Dementia
- Groups: Couples, ADAP (early recovery), Trauma, Adult Children of Alcoholics (since 1991), CBT of depression, CogSmart (executive functioning)
- Hiring interviews for 130 staff members who we hired; hundreds of others who we did not
- Proctored 32 PhD staff members
- Intern/Resident <u>supervisor</u> since 1979 (30 years, 90 residents)
- ▶ 34 years; retired Nov. 20, 2009
- Continued attending Thursday AM Neuropsych clinic case and seminar during retirement (still at it in 2021)

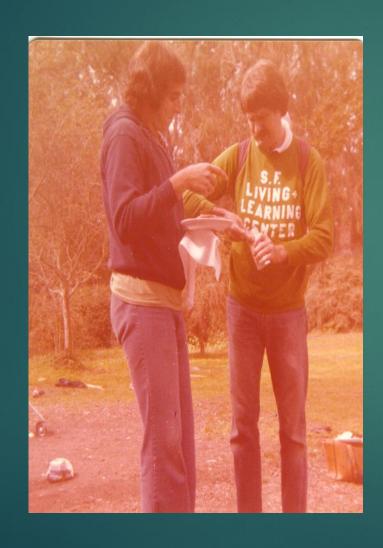
Trivia Question

- What is the longest period that a single patient has been treated in the history of the department?
- ▶ 34 years. I saw her for 2 years of weekly therapy as a predoc intern starting in 1975. She returned in the 1990s and is still being seen occasionally.

Inpatient Units

- ▶ 1975: Kaiser's own, Martinez Inpt
- ▶ Then: If on call, you phoned around to find a psych hospital with open bed
- All staff did primary on call equally
- Later: Belmont, St. Francis, McAuley contracts
- ▶ 24 hour hold for alcoholic ER pts (40% of 5150s were suicidal alcoholics; when sober, no SI)
- Now: On call center

Fred Schoen, LCSW, 1976-2008, 34 years





Staff 1977, 2350 Geary

- 17 staff: Follette, Lowitz, Grumbach, Fitch, Cummings, Rosenthal, Metz, Hawthorne, Johnson, Solomon, Lucchese, Campbell, Paradis, Schoen, Vella, Bragman, Rubiano; (Marilyn Vella, Lori Escobar, secretaries)
- Originally Tues AM test conference (all PhDs); Friday afternoon 3 pm staff case conference; Thurs. 12 noon staff mtg.; Journal club for everyone
- Lost and Found in the bathroom stories (multiple dildos)
- Smoking everywhere

Finding a Doc for Meds

Old Medication System:

- Therapist does 5 minute clinical presentation to MD at an open door
- 5 minute interview of patient by MD in your office ending with med prescription
- ▶ Different MD gets 1st follow-up Med Appt

Jim Delano, MD

- ► Kaiser Hayward, 1/1977
- ► Kaiser San Francisco 1978-6/2003
- ▶ 3rd Chief Psychiatrist, 1983-1989
- Started Part Time positions



1978-1979 New staff

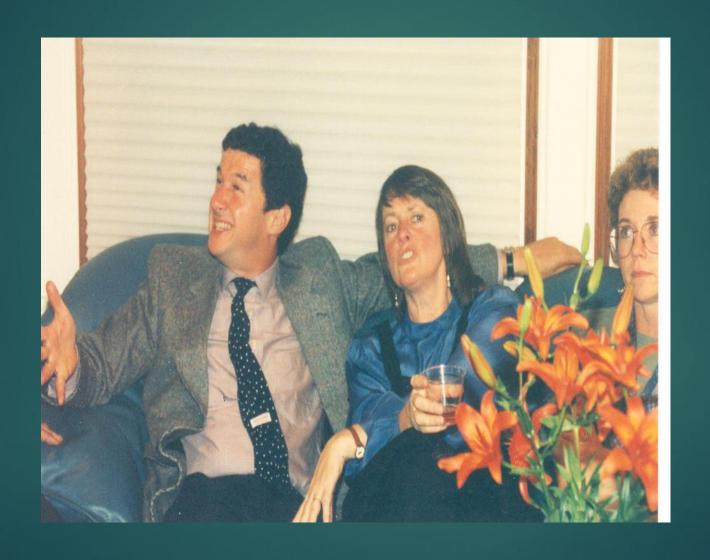
- ► Kathy Groves, PhD 1978-1981
- ▶ Jean Wald, LCSW
- ▶ Dennis Sedgely, PhD, 7/1976 -8/1985; 1st self identified gay therapist
- ► Rose Lavandero, LCSW -1989
- ► Marsha Black, PhD, 1979-1986

1980 Staff

- ▶ 23 Total Staff
- ▶ 4 MDs: Follette, Delano, Hejinian, Zablotny
- ▶ 13 PhDs: Bragman, L. Campbell, B. Campbell, Cummings, Groves, Johnson, Lucchese, Metz, Paradis, Sedgely, Solomon, Vella, Black
- ▶ 6 LCSWs: Chu, Lim, Rosenthal, Rubiano, Schoen, Wald

- **►** 1981:
 - 1 month New wait list (average 2 months regionally);
 - ▶ 3 news per week

(Dan), Jean Wald, Nancy Jordan

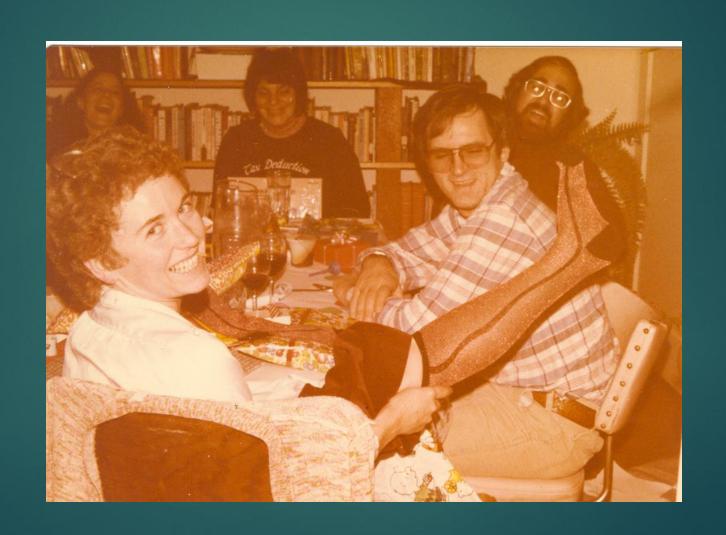


Brendan Delano & Marsha Black & Kathy Groves Delano





Nancy Jordan, MA; Receptionist 1974-78, LCSW intern 1981, later private therapist



1973-1989 Receptionists

- ► Lori Escobar ~1973
- ► Marilyn Vella 1974-1978
- ► Nancy Jordan 1975-1978.
- ► Poniva Jackson ~1977-
- ► Maryanne Carpenter, ~1978-1982
- ► Wilma Robinson ~1990- (CDRP 2009)
- ► Patrick Madarang, ~1994
- ► Rosie Lo, 12/1987-
- ► Erica Bodie, Kaiser 9/1982, 1989-
- ► Pamela Pullen, 1/1989-

Erica Boddie & Pam Pullen





Erica, Rosie, Frances Gomez



Pre 1980 Asst. Administrators

- ▶ Lenore Rosenbaum
- ► Lorraine Lopato Lahr ~1963
- ► Carol Harris, 1974
- ▶ Lori Escobar
- ▶ Marilyn Vella
- ► Nancy Jordan
- ▶ Maryanne Carpenter
- ► Walda Leverett, 1985-1988

Nixon signs HMO Act in 1973

- Prior to 1977, only about 1/3rd of Kaiser patients had Psychiatry coverage.
- ▶ In 1977, four years after the signing of the Health Maintenance Organization Act of 1973, <u>Kaiser became federally-qualified HMO.</u>
- All of San Francisco Kaiser patients became covered for Psychiatry in early 1980s

Ray Zablotny, MD

- On staff 1979 (post being inpt chief at SFGH)
- 4th Chief Psychiatrist,1989-2007, 18 years



Ray Zablotny 2

- Expanded number of psychiatrists
- Moved clinic to 4141 Geary in 1996
- Achieved 2 week NAI4 access
- Started 2 MD Hospital Consult Service
- Hired many excellent staff in all disciplines

Annette Hess (Pedi LCSW) & Ray



Ray on Bike



1979-1989: "1st Union"

- Association of Psychologists and Social Workers (communicated with KP Employee Relations)
- ▶ 1980 Union vote (63 no; 81 yes)
- ▶ 1981 Private Practice issue
- ▶ 3/82: KP refuses to communicate with group after request for professional negotiator; not collective bargaining unit
- ▶ 1982: first regional KP Psychology Mtg
- ▶ 1983: union vote (55 yes; 111 no)
- Charlie V's 1970-1989 COLA statistical survey of salary data; 1989 letter about wages and no raises

Testing

▶ 1979 Testing Coverage Opinion: "Only WAIS-IQ ordered by neurologist is a medically covered benefit"

▶ 1980 KP survey by CV: 2 testings per month per facility being done

▶ Old Standard Testing: WAIS, WMS, MMPI, Rorschach, TAT

► SF Neuropsych Service Testings in 2008: 600 referrals

Marion Lim Yankowitz, LCSW

- ➤ 3/1980 Staff LCSW, 1st Chinese American therapist
- ▶ 3rd Chief LCSW, 1990-1996,
- ▶ Behavioral Health Manager 3; Director of Clinical Services, 6/1996-



MLY 2

- ▶ 1980 Created Crisis Team
- ▶ 1990 Implementation of IOP & IUS
- ▶ 1991 Regional Psychiatry Planning Committee since it began
- ► Hired 138 staff between 1996 present
- Managed and stayed in budget for entire department and IOP
- Managed CDRP, Dermatology, EEG Sleep Lab, Neurology
- Adult Access Leader
- Regional Contract Maintenance Committee, Union Contract Negotiation
- Monitor <u>Standby Access Program</u>
- Manager ASD Program

~1979 Milton Erickson's Home Pilgrimage

- ► Follette, Lucchese, Rubiano, Vella, Rosenthal, Schoen
- Spent 3 days in Milton Erickson's home in Phoenix learning from the master of hypnosis
- ▶ He coined the term "Brief Therapy"
- ► Therapeutic metaphor and story and hypnosis

Civilian Military Contingency Hospital System

▶ 1980 Defense Dept plan to control 50 beds in every hospital in case of emergency

Supported idea of "limited nuclear war"

► Entire SF Psychiatry signs letter to PMG Exec Committee to reject this

Evolution of KP Psychotherapy

- Originally weekly psychodynamic psychotherapy
- ▶ Post implementation of full HMO, <u>Brief psychotherapy</u>, 20 visits per year max
- ▶ Post Medicine-MH Parity, brief intermittent therapy + forever medication pts
- ▶ 1993: first research based <u>Best Practices</u> clinical guidelines
- 2009: move toward only medically necessary treatment
- ▶ 50% = 1 visit
- Average patient received individual visits = 2.3; group emphasis

1980-1981

Barbara Campbell, PhD, 4/1980-2009; 1st African American woman psychologist

► Christine Chu, LCSW, 10/1980-; 2nd Chinese American therapist

▶ John Hejinian, MD, 12/1980-6/1999; novelist: Extreme Remedies

▶ Louise Schneider, MD, 9/1981-, Asst. Chief, Pediatric Service Chief

Barbara and Christine





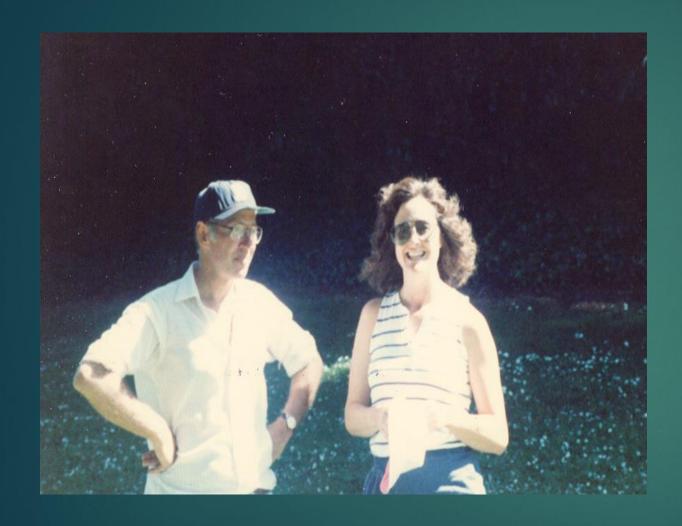
Louise

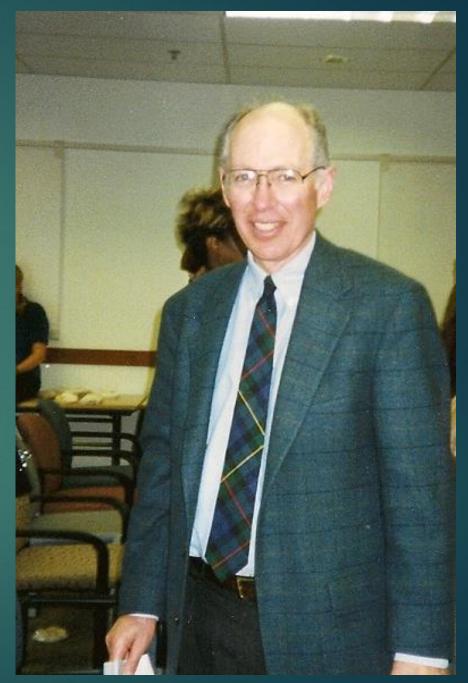


John Hejinian, Paul Rosenthal, Judy Einzig



John Hejinian, MD

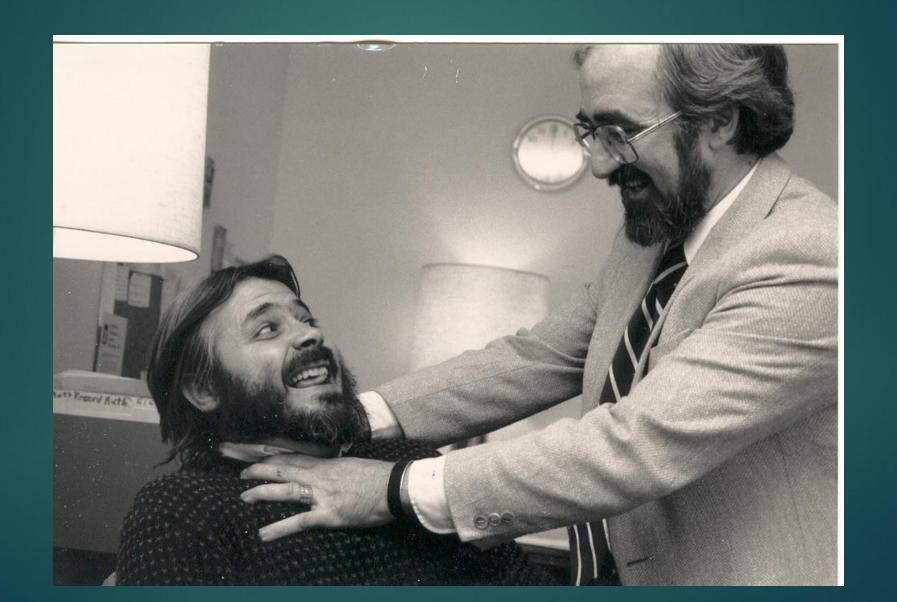




1984-1986

- ► Ann Hoff, PhD, 3/1984-9/1984
- Karen Siou, LCSW (SCal KP until 1983), SF 9/1984-; intern,1990; PhD 2000
- ▶ Bruce Nemirow, PhD, 10/1984-, intern program coordinator since pre-1990
- ► Aaron Cooper, PhD, 11/1985-3/2003; 2nd openly gay therapist
- ► Steve Jacobson, PhD, 5/1985-7/1989, 3rd Chief ADAP
- ► Richard Mays, PhD, 2/1986-5/1992

Anger Management Training: Steve Jacobson & CJV



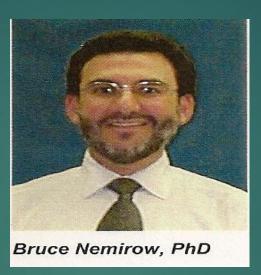
Richard Mays and Bruce Nemirow



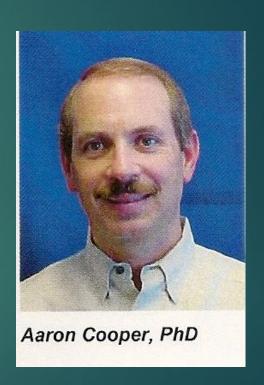
Karen, Bruce (before & after), Aaron



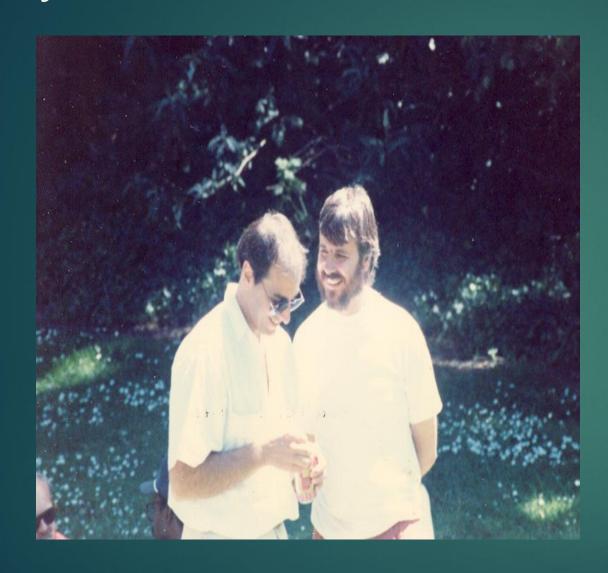


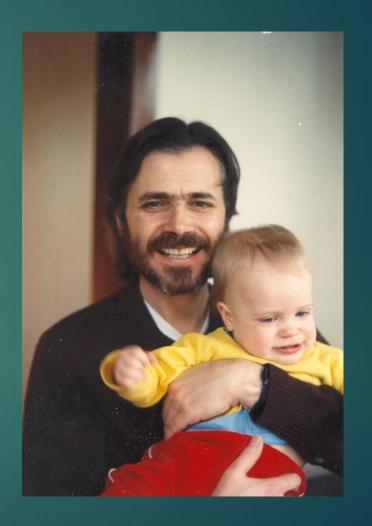






Gary Lucchese & Steve Jacobson





1980-1990: CPS and APS, Capp vs. Rank, Private Practice

- ▶ 1987: <u>CPS and APS</u> reporting laws
- ▶ 1989-1990: <u>Capp vs. Rank</u>, psychologists may have primary responsibility for patient care, without physician oversight, therefore <u>full staff privileges</u>
- ► Charlie gets SF Kaiser to change bylaws in 1990
- Fight over allowing PhDs and LCSWs to have <u>private practices</u>
- ▶ 1989 <u>Regional Competition Committee</u> (later Psych Coordinating Committee; then Psych Steering Committee): concern about external competition, <u>carving out Psychiatry threat never materialized</u>

Internship/Residency Program

- Since the beginning: Marcine Johnson was first intern in 1960
- ► Always 2-3 Psychology residents, and 2 Social Work interns
- Great reputation in the community
- Art Solomon and Bruce Nemirow as coordinators
- Internship conference: staff talked of their specialties
- Neuropsychology training program
- Move toward APA accreditation

1986 Strike! Scabs!

▶ October 27 to December 13, 1986:

"9,000 Kaiser Permanente Workers (SEIU) Strike 27 Facilities in N. California" Chronicle headline

► Charlie, Marcine, Fred: 6 weeks in medical chart room doing loose materials

► Chart room worker & his home garage cans full of medical records

Mid 1980s

► AIDS Staff Meeting: fear of unknown transmission of HIV; some therapists refused to treat

ACT UP protests at KP

► HIV Team created

Everyone did Hospital Consults (CNS in schedules)

Exclusions: don't act up

Exclusion policy: conditions not amenable to short term TX

Regional exclusion list

Reasons: too many Inpt hospitaliz, chronic pain, ED, conduct disorders, sexual abuse, NP testing

► Consequence: no further Tx, no hospitalizations

1986-1988 New staff

▶ Paula Sitelman, PhD, 5/1986-6/2000, 4th Chief ADAP until 1991

▶ Leslie Lopato, MD, 8/1986-; 1st Psychiatrist in Hospital setting

► Alice Yee-Jeong, LCSW, 5/1987; 1st therapist who spoke Cantonese

► Melissa Farley, PhD, 2/1988-10/2000; trauma research

Alice Yee-Jeong, 1986





Paula, Fran, Bruce & Bearded Jungian archetype



Leslie Lopato: Founder of dedicated Hospital Consultation group



Rosie, 1987 +



Rosie and Pam, 1989 +



1989

- Margot Beattie, PhD, 1983 intern, 2/1989-7/1999, Director of NP, 1991-1995
- ► Ruth Paris, LCSW -1990
- ▶ Janet Kunze, LCSW ~ 1988
- ► Frank Lostanau, LCSW ~1989-1993
- ► Marsha Young, PhD, 12/1989, ACA groups, 5th Chief ADAP in 1991; retired 2008
- ▶ Denise McNamara, MD, ~1989; now Chief Psychiatrist Santa Clara
- ► Sydney Dion Smith, MD. -1989

Margo Beattie: Object Mastery



Starting Monthly Salary for PhDs: 1966-1989

- **▶** 1966 (\$843)
- **▶** 1971 \$1130
- **▶** 1973 \$1250
- **▶** 1975 \$1700
- **▶** 1976 \$1895
- **▶** 1978 \$2025
- **▶** 1979 \$2170
- **▶** 1980 \$2365

- 1981 \$2600
- 1982 \$2860
- 1983 \$3060
- 1984 \$3230
- 1985 \$3265
- 1987 \$3265
- 1988 \$3395
- 1989 \$3515

Era of Letters to Regional Administration

1989 entire PhD & LCSW staff signed letter vs.: "TPMG is systematically lowering our wage scale"

▶ 1990 PhD Starting Salary: \$4085 = 9%↑

Denise McNamara MD



Ruth Paris (& Marcine)



Cowgirl Boots Day



ADAP & CDRP: Substance Abuse Tx

- ► ADAP in Psychiatry; NDIs & early recovery program
- Carve Out/Unbundling PsychiatryThreats circa 1990
- Lymon Boynton, MD, 12/1990 in Psych, Medical Director of ADAP; surgeon, AA
- Creation of the CDRP in 1993
- ► CDRP first to start hiring MFTs
- David Pating, MD, chief 2001

1989: Earthquake

▶ 1989 Earthquake

▶ 1st Acute Trauma groups





1989: Day after



1989: French becomes Kaiser

► KP health plan took over the French Health Plan, incorporating 16,000 new members



Robin Dea, MD

- ► Chief, Psychiatry Chiefs, 1989-2009
- Psychiatry Coordinating Committee PCC
- Best Practices
- ► Model of Care, 1993
- Equivalency of Psychiatric offerings at all facilities
- ▶ StarTrek: commander uniform

▶ 2009: Don Mordachi, MD





1990 Staff

<u>27 Staff</u>: Beattie, Campbell, Chu, Cooper, Delano, Farley, Hejinian, Johnson, Lim Yankowitz, Lopato, Lostaunau, McNamara, Mays, Metz, Nemirow, Paris, Pating, Reich, Rosenthal, Schneider, Schoen, Siou, Sitelman, Solomon, Vella, Yee-Jeong, Young, Zablotny

- Annette Hess & Judy Einzig: LCSW in Pediatrics
- ► Fred Schoen & Barbara Campbell saw children
- ▶ CD Team: Sitelman, Lostaunau

On Call Schedulers over the years: A Thankless Job

► Charlie Vella

▶ Margot Beattie

Denise Jeong

Susan Siep

1990

Regional Chief Psychologist and Chief Social Work Group

Neurology-Psychiatry Conference on Fridays

► Family Therapy Conference on Fridays

► Wait list: next NAI4 = 8 weeks

► Pulse system: NAI4 handouts

▶ SCM done in-house by Wilma Robinson, 1988-1990

▶ OOD/Triage system included everyone

► Karen Siou: Recycle!

Popcorn is a hazard in microwaves!

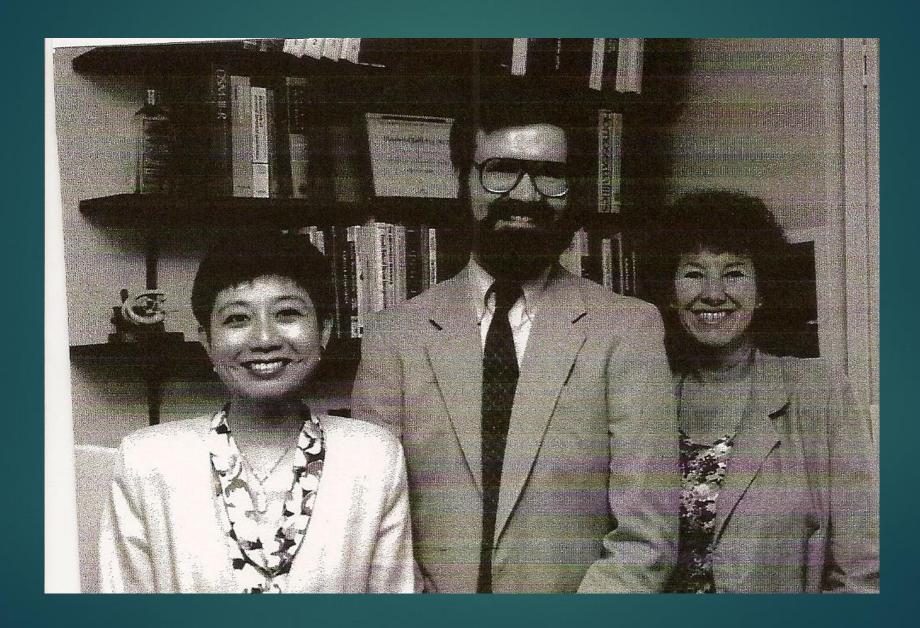
1990-1993 New staff

- ► Fran Reich, LCSW, 6/1989-
- David Pating, MD, 7/1990-3/2001 Chief CDRP 2001-
- ► Martha Javier, LCSW, 8/1990
- George Young, PhD, 8/1991; 80% ADAP; to CDRP in 1993
- ► Angela Ma, LCSW, 8/1991- 1st hired as Cantonese Speaking therapist

We were young once: Jane, Charlie, Fran, Chris ~1990

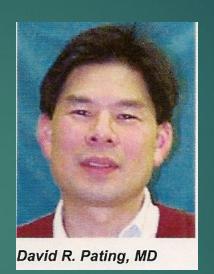


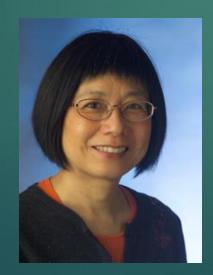
1991: Angela, George, Natasha

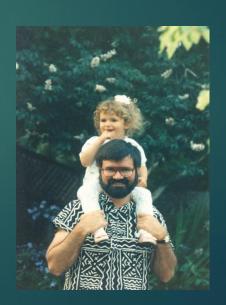


Fran, Angela, David, George









1991-1993 new staff

- Natasha Torres, LCSW, 9/1990 Oakland; 9/1991-7/2007
- ► Elise Weinstein, MD, ~ 1992
- ► Robert Boltuch, LCSW 3/1992, ADAP and Child
- ► Karen Ciesnicki, PhD, 8/1992-12/1999
- ▶ Joan Schuman, LCSW, 1992-

Elise Weinstein, MD

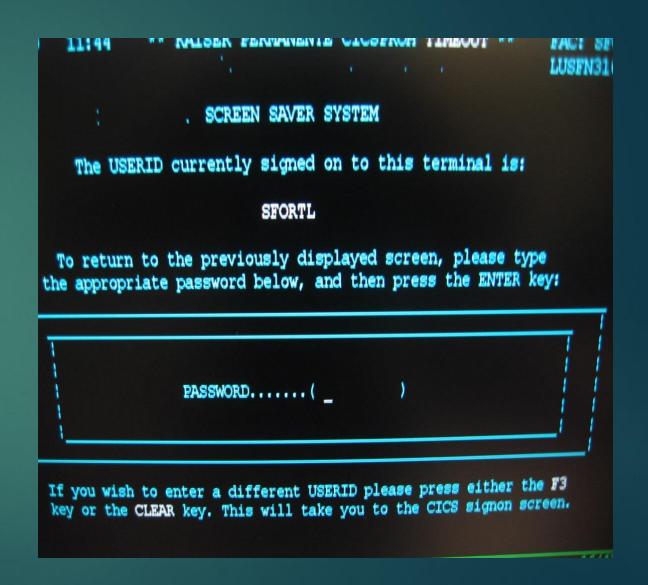


Pam & Robert Boltuck



PARRS, 1991

- Implementation of computer based scheduling/Parrs in 1991
- Terminals;not computers
- Remember EMC2 (1st email)
- ▶ No internet until 1995



1991

DeCorso review of department procedures; ? of discrimination; recommends policy and procedures manual

- ► Policy and Procedures manual written by Charlie and Marion
- Fran Reich gives dept. talk on "Alcoholic Mishegas"
- ► Karen Siou & Denise McNamara create 1st Work Stress group
- ► First Security Badges

Rosie and Natasha



Noemi and Angela



Wai and Natasha



1990s: Farewell to Guilds, New Model of Care

- Regional Chiefs of Psychology and Social Work reconstitutes as Regional Managers: no more discipline guild representation
- ► New Model of Care (1993-1997):
 - Expanded staffing (100+ FTEs)
 - ▶ CDRPs
 - ► EAPs
 - Case Managers
 - ► Triage by clinicians
 - ▶ 24 hour holds
 - uniformity of services
 - first reference to "medically necessary treatment"
 - OccMed Dept
 - ▶ Health Education
- ▶ 1995 Psych On Call Center

1990s

First Annual <u>Psychiatry Conference</u>, 1992: Marion on Committee from beginning

▶ 1992 Charlie recommends that "E Mail may be a useful tool for distributing information" to regional chiefs

Marcine & Dick Metz start first Panic group: "Phoboo manual"

1992

Certificates of Perfect Attendance (an upper management idea!)

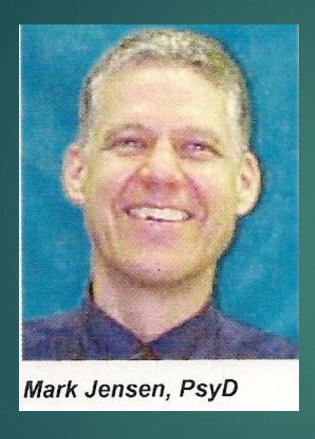
▶ 3 hours of evening shift per week required

▶ Number of NAI4s vary from 4 to 15 per week in various facilities

1993 new staff

- ► Fernando Barreiro, LCSW, 1/1993-4/2006
- Mark Jensen, PsyD, 2/1993- 2008
- ► Linda Gourley, PhD, 3/1993-8/1997, neuropsychologist
- ► Cathy Enciso, LCSW, 1993

Mark, Cathy





1994 new staff

- Dena Positeri, PhD, 1/1994-3/1999
- Noemi Schenquerman, PhD, 9/1994
- ▶ Jay Farina, LCSW, 10/1994-
- ▶ Wilson Lam, LCSW, 12/1994-
- Priscilla Marquis, PhD, 12/1994-
- ► Gail Foorman, LCSW, 1994-~1999, 9/2000-11/2001
- ▶ Joan Hawkins, LCSW, 1994-2001?

1995: Natasha Torres, Aaron Cooper, Margo Beattie, Marsha Young, Pat, Pam, Erica, Gail Foorman, Marcine Johnson, Rosie



Marcine Johnson, Margo Beattie, Dena Positeri



Noemi and Priscilla





Gail Foorman: LCSW with guitar





Jay Farina





Wilson Lam





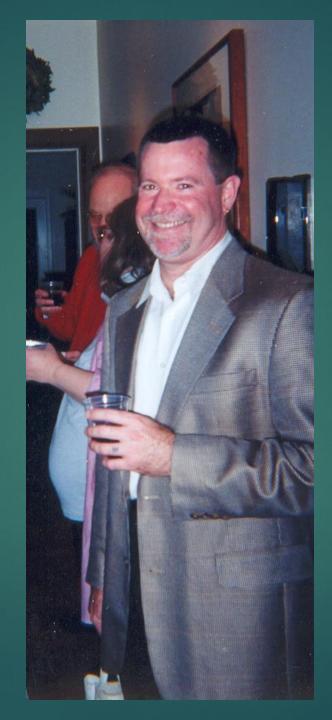
1990-1999: Discipline Turf Wars

- ▶ 1990 Staff Privileges for Psychologists
- ▶ 1992 Psychologists get right to sign capacity declarations
- ▶ 1993-1999: <u>Kaiser Regional Psychological Society</u>
- ► MFTs as providers fight in 1993-1995; CDRPs start to hire them
- ▶ 1994 Allied Health Professional status for LCSWs

1995 new staff

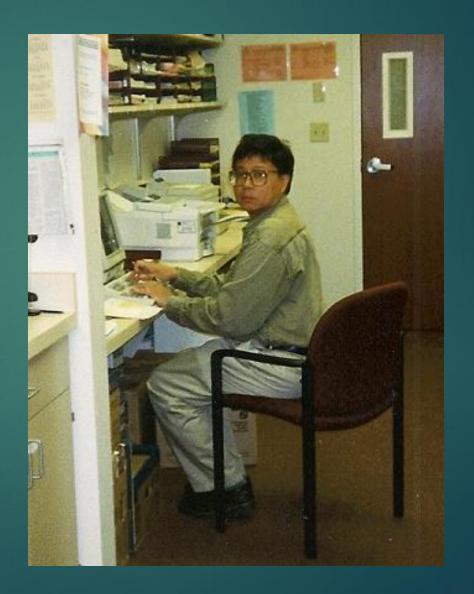
- ▶ Jan Perry, LCSW, 2/1995-12/2001
- ► Sally Sadler, LCSW, 2/1995-7/2001
- ► Sarah Hall, PhD, 3/1995-1/2000; 1st child neuropsychologist
- ▶ Brad Crowell, MD, Chief Kaiser Richmond, 11/1990-3/1995, SF 4/1995-; Asst. Chief
- ► Gerald Whitmore, PhD 1995-1995
- ► Rafael Gray, MD, 8/1995-7/2005
- ▶ Wai Chung, LCSW, 9/1995-

Brad Crowell & his silver suit



Rafael: US Boy Scout BB Gun Champion and psychopharmacologist par excellence





Rafael and Barbara



Jane Buxton Lee Farewell Party - 1992



Merit Pay for 5 years: Ugh!

► Pre 1990, 12 year step system

Merit Pay, 1990-1996

Managers decided your pay increase each year

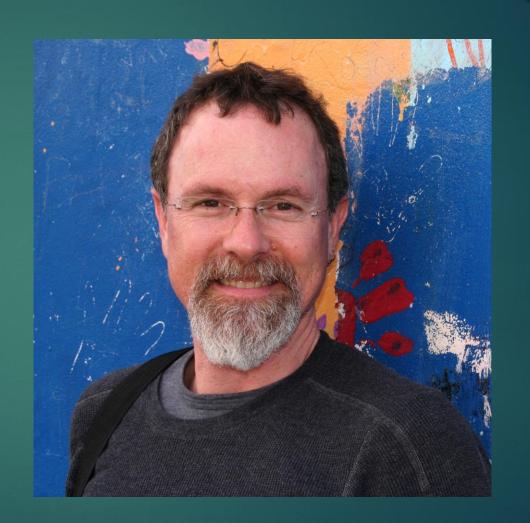
► Not a well-loved system!

First Urgent Care/Crisis Team, 1994: Wilson, Charlie, Dena, Joan H, Gail, Angela, Denise, Marion, Natasha, Marcine



Daniel Geer, LCSW

- ▶ Intern 1995
- ► Staff 10/1999-
- BehavioralHealth Manager 2006
- Brief Therapy Project



1996 new staff

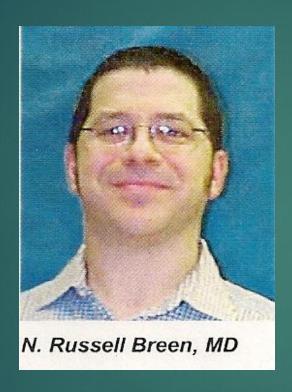
- ▶ Jean Dixen, PhD, 1996-1996
- Susan Taterka, LCSW, 7/1996-2005
- ▶ James Beauford, PhD, 7/1996-
- ► Sharon McComb, LCSW, 8/1996-7/2004
- Neff Breen, MD, 8/1996-7/2004, 1st Spanish Speaking MD; 2/2010 Oakland
- Denise Keston, LCSW, 9/1996-7/2001
- ► Angela Romagnoli, LCSW, 10/1996
- ► Paulette Rodgers, PhD, 10/1996-1/2005

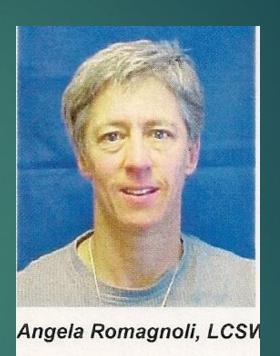
Susan Taterka and Paulette Rodgers





Neff, Angie





Angie R.: Invention of Work Stress Program ~1997



Jim Beauford: Developmental Stages toward brilliant child psychologist







Christmas Party at Charlie's 1998: Brad, Denise, Sally



Xmas ~1998: Denise Keston, Dick Metz, Dena P., Aaron



Xmas ~1998: Brad, Sally, Denise, Angie, Dena, Aaron



Xmas ~ 1998: Gail, Noemi, Natasha, Rafael, Paulette



1995 - IUS and IOP

1994: Creation of Urgent Care Team (now <u>Crisis Team</u>; Paul Shaw leader in 2002)

- Integrated Urgent Services: reduction of inpatient costs
- Creation of OnCall Center
- ▶ 24 Hour holding: 40% of ER 5150s are suicidal alcoholics
- ► <u>IOP</u> created (Wilson Lam coordinator)

IOP: Intensive Outpatient Program



Mid 1990s

► TPMG almost goes broke!

▶ Psychiatrists told to work 44 hours or go down 1/10.

▶ Down to last \$100,000 in bank (from prior millions)

1997-1998 new staff

- ▶ Patricia J. Thompson, LCSW, 4/1997-9/2004
- ▶ Joanna Wise, LCSW, 5/1997(1995)-12/2001
- ► Ann Levy, PhD, 7/1997-2009, 1st fulltime Neuropsychologist
- ► Alice Chen, LCSW, 9/1997-4/2004
- ► Margaret Wilson, PhD, Santa Rosa 1993, SF 2/1998-
- ▶ Denise Jeong, LCSW, 9/1998-

Alice Chen, Pat Thompson, Joanna Wise, Maggie Wilson, Denise Jeong







Joanna Wise, LCSW



Margaret O. Wilson, PhD



Leslie and Joana Wise



Denise Jeong and Pat Thompson



Peter and Maggie



NP Service Psychometrists

- Kelly Garton 5/1997-2/2003
- ► Brac Selph, 12/2002-9/2004
- ► Lauren Mai, 4/2004-2007
- ► Julia Locke, 4/2004-2005
- ► Rhea Oliveros, 9/2004
- ▶ Julia Itsikson, 9/2004

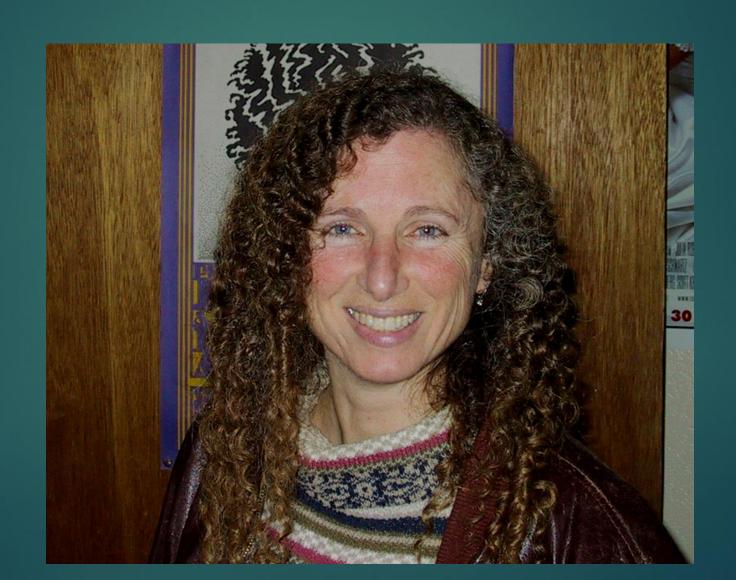


Rhea Oliveros and Julia Itsikson





Annie Levy, PhD: 1997-2009, First Full Time Neuropsychologist



MH Parity Law 1999

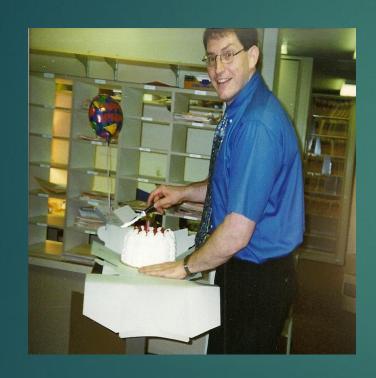
▶ In 1999, California passed a mental health parity law (AB 88) requiring private health insurance plans to provide equal coverage for physical health and selected mental health conditions, including serious mental illnesses (SMI) in adults and serious emotional disturbances (SED) in children.

- Modest staff increase
- Brief Psychotherapy

1999 New staff

- ► Lennart Moller, MD, 3/1999-2004
- ► Martin Driscoll, PhD, Kaiser CDRP 1991, 7/1999-
- ► Mark Duggins, MD, 7/1999-7/2001
- ► Elizabeth Dawes-Kim, MD, 8/1999-
- ▶ Ramon Font, LCSW, 8/1999-6/2002
- Sarah Moulding, LCSW, 11/1998-4/2004, 2/2006-7/2006

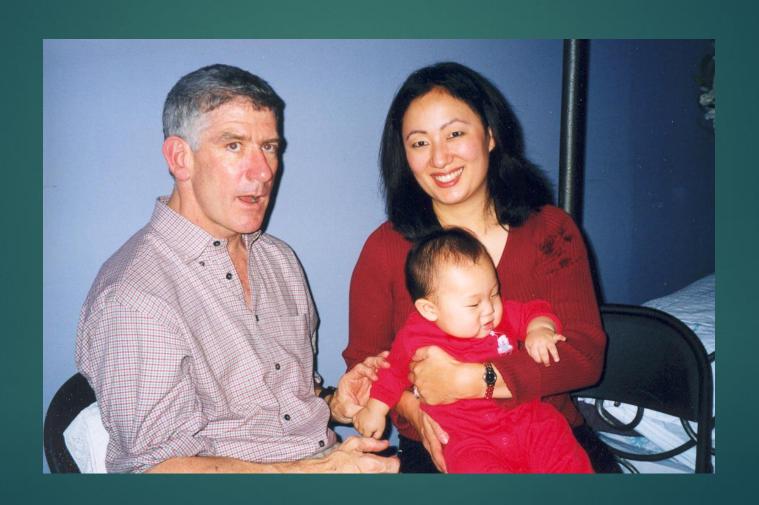
Mark Duggins, Ramon, Sarah







Marty and Elizabeth



Len Mollart & Bill Kearney



Alice Chen, Laura Hauben, Sarah Moulding



1988-2001 Asst. Admin.

- ▶ Jane Buxton Lee, 1988-1992
- Karen Stewart Davidson 1992-1995
- ► Erthemise Elias 1995-1999
- ► LaTanya Blair, 5/1998-6/1999 (now Med. Office Support)
- ► Pansy So, 12/2000-12/2001
- ► Adam Hawkins 2/2001-2006 (then med legal)

Jane Buxton Lee and Jim Delano, 1989



Karen Stewart, Pam, Erica, and Pansy





LaTonya, Pam, Tracy, Erthe





Women in Red



Behavioral Medicine Specialists (BMS) ~ 1998

► Mental Health In Medicine:

➤ 3 visits only originally

► Severely Depressed, Bipolar, Psychosis to be referred to Psychiatry

Frank Scalfani, Ann Marie Lysgard, Delores Jimenez, Carol Palmer, Karen Heller, Kathy Jaroz, Crystal Chow

1999-2002 Receptionists

- ▶ Bruce Matlovsky, 1994
- Wayne Anderson ~1999
- ► Frances Gomez
- Tony Appedale
- ► Francene Vota, 2001
- ► Alejandro Velasco, ~2001-2004
- ► Thomas Storelli, Kaiser 2/1998, 9/2002
- ► Nakia Carson, 1999
- ► Shabnam Mofakham, 2000
- ▶ Chidale O'Hara ~1999-2002

Receptionists: Alejandro, Nakia, Erica, Jordan







Frances, Tracy, Tony



Shab & Nakia and James





Chidale, Erica, James H.



1996-2009 Receptionists

- ► Flora Casanova, Kaiser 9/1996, 4/2002
- ► Cheryl Payne, Kaiser, 1/1968, 2/2002
- ▶ Glenn Davidson, Kaiser 4/1992, 7/2002-
- ▶ Jordan Alcocer, 10/2005- ??
- ► Stephen Greer, 10/2005
- ► Girtha McGlothin, 3/2006
- ► Erika Taylor-Morgan, 1/2009

Cheryl Payne



Tom, Flora, Stephen



Girtha & Erika T.





Reception and Best Boss Award for Arrenia



Work Break



Chart Room

▶ Carolyn Toy, Kaiser 12/1988, 1996

▶ James Haywood II, 2001-2003

► Rosa Lin, Kaiser 3/1988, 12/2004

Caroline Toy and Rosa Lin





1998: CBT – Cognitive Behavioral Therapy

- ▶ 1991 survey: 9 depression groups in all of NCal (compared to 19 mixed adult, 22 women's)
- ▶ 1998 Psych Dept: Created a 130 page <u>Cognitive Behavioral Therapy</u> of <u>Depression treatment manual</u> that became a regional standard. Based on Richardo Munoz and Christine Padesky
- <u>Authors</u>: David Pating, Natasha Torres, Angela Ma, Gail Foreman, Noemi Schenquerman, Charlie Vella

1999-2009: Unionization

▶ 1999: <u>56 staff</u>

► <u>Unionization</u> in 1999 after 5 years of no raises

▶ Back to step system of pay raises

▶ "Behavioral Health Managers" in 2003; no more discipline chiefs

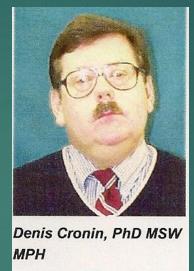
2000-2001 new staff

- ► Elizabeth Reed, PhD, Kaiser, SSF 1994, SF 6/2000-2007
- ► Alice Tso, MD, 10/2000-
- Denis Cronin, MSW, 10/2000-11/2001
- ► Kelly Magee, MSW, 10/2000-2/2005
- ► Fakhri Rezaian, PhD, Kaiser 1996, 11/2000-8/2007
- ▶ Tom Painter, PhD, 12/2000-3/2006; went to Richmond KP

Elizabeth, Ali, Denis, Fakhri, Tom











Ali Tso and Mason



Suzie and Fakhri



2001 New staff

- ▶ Pauline Chan, LCSW, 1/2001-
- ▶ Paul Shaw, LCSW, 5/2001-
- Dykes Young, MD, 7/2001-5/2003, 9/2005-
- Wan-Lin Wu, MSW, 8/2001-1/2004
- Evelyn Miccio, PhD, intern 1999, staff neuropsychologist, 9/2001; Director NP, 11/2009
- ► Ted Vander Clute, LCSW, 1999, SSF: 10/2001

Paul, Pauline, Dykes, Evelyn, Wan-Lin, Ted















Bearded Ones



Health Education in Psychiatry

► Ken Farber, 7/2001-1/2005

► Andrea Lieberstein, 2005-

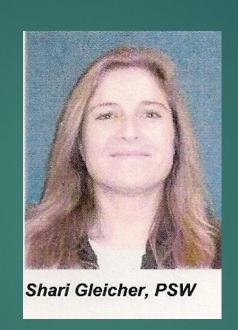
Overcoming Depression Class

2001-2002 New staff

- ► Laura Hauben, PhD, 9/2001-6/2006; child psychologist
- ▶ Lissa Rechtin, PhD, MD, 10/2001; child psychiatrist; 2008 ASD chief
- ► Shari Gleicher, PSW, 11/2001-4/2005
- Susan Siep, LCSW, 12/2001-
- ► Robin Bertoli, LCSW, 1/2002-, pedi
- ▶ Janelle White, PhD, 2/2002-; eating disorders

Lissa, Shari, Robin







Priscilla and Suzie



Janelle White (+ Hubby): 1st Eating Disorder specialist



Pumpkin Award



2002-2004

► TAVs

- ► Fast Track System:
 - ▶ 3 hour block waiting period
 - ▶ Do paperwork
 - Group Clinic Orientation
 - ▶ Picked up in order of registration
 - ► Therapist to see 1-4 pts in 2 hours
 - ▶ Lasted less than a year
 - ▶ Pedi Corient version works

2002-2006 Asst. Admin.

Joan Thill 4/2002

Sylvia Chaidez, Kaiser 7/1978; Psych 12/2006-





1975-2001 Clinic Managers

- > ?? Sternetta
- ▶ John Marshall ~ 1975
- ► Sharon Eastman, RN ~ 1984
- Wilma Robinson, 1985-1988 receptionist; 1988-1990 SCM manager; 1993-1994 support staff supervisor; CDRP
- ► Carl Archbold, RN ~1989, 1995
- ► Alice Johnson, -1990
- Tracy Franklin, ~1999
- ► Arrenia Corbin 10/2000-

Arrenia, The Indispensable One



Who?











First NP Party 2001 at Charlie's: Find Madeline



2002-2003 New staff

- Leena Osteraas, PhD., LCSW, 3/2002-2009
- ▶ William Kearney, MD, 4/2002-9/2005
- ▶ Peter Straus, PhD intern, 6/2002-6/2003
- ► Audrey Adelson, LCSW, 12/2002-
- ► Tom Alessandroni, LCSW, 1/2003-2007
- ▶ Jane Howell, MD, 6/2003-2007

Leena, Jane, Audrey





Madeline McGinley, PsyD

- Intern in 2000
- Staff 11/2002-
- Triage Coordinator
- Behavioral Health Manager II - 2009



Mason Turner, MD

- ▶ 2003 staff
- ▶ 5th and current Chief, 6/2007-
- ➤ 2009-Ass. Director of Regional Mental Health/Director of Outpatient Mental Health Services



Mason Turner 2

- Great party for Ray in 2007
- Staff Recognition events/parties
- Opening of ASD clinic
- ► Primary care Consultation Service with Chris and Richard
- ► Medical Center Admin. Leadership teams
- New medication appt access system

2003-2004 New staff

- > ??? Bowman 9/2003-3/2004
- ▶ Natasha Coleman, PhD, 8/2003-5/2006; child psychologist
- ► Kerry Savola-Levin, LCSW, 5/2004-
- ▶ Steve Galper, LCSW, 5/2004-5/2007
- Rosaura (Esquivel) Shamieh, LCSW, 6/2004-2007
- Adam Barrett, LCSW, 7/2004-
- ► Chris Eaton, MD, 8/2004-
- ▶ Irene Yeh, MD, 8/2004- 2008 Asst. Chief

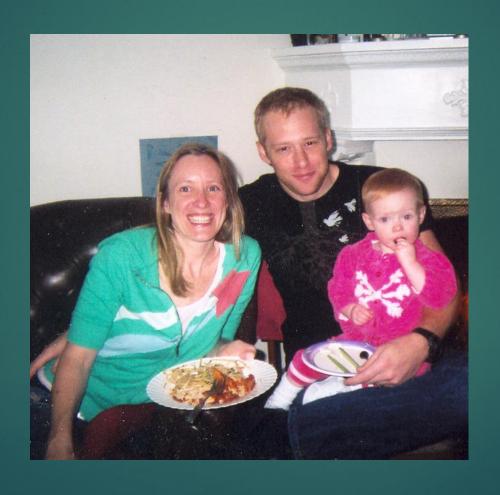
Rosaura, Pam, & Joan



Adam



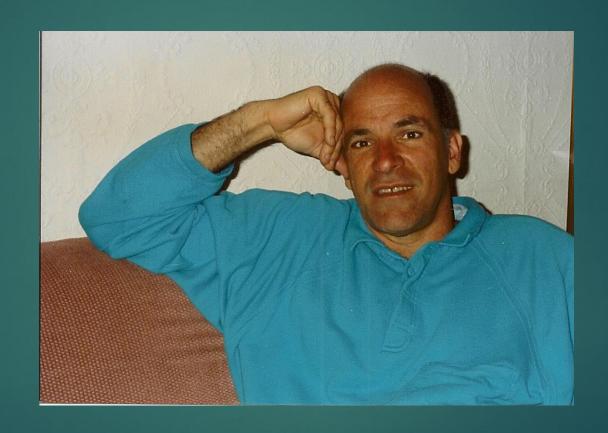
Kerry and family



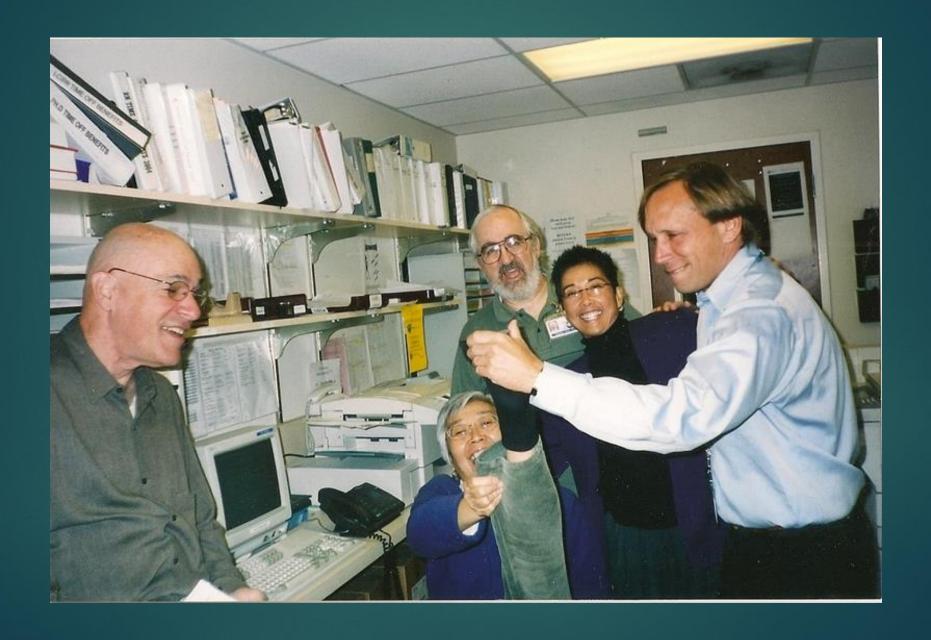
Irene Yeh



Steve Galper



New Union Member Initiation



Training Session: Schizophrenic and his therapists



Chris and Mimi



Psychiatric Confessional



Team Psych ~ 2004



2004-2005 New staff

- ▶ Rick Carson, LCSW, 8/2004-
- ► Andrew Meyer, LCSW, 8/2004-
- ► Gavia Brennan, PhD, 9/2004- child
- ▶ Mimi Lee, LCSW, 10/2004-
- ► Lette Stockwell, LCSW, 4/2005- child
- ► Chi Keung Choi, LCSW, 5/2005-
- ► Robert Flora, LCSW, 5/2005-, 2008-
- ► Roger Flanigan, MD, 8/2005-
- ► Yulan Liao, MD, 8/2005-

Rick, Robert





Lette, Alicia, Gavia







Mimi, Chi Keung (Daniel)





Andrew, before referral to CDRP



2005-2007

▶ 2005: Staff starts 5 Modules

▶ 2006: <u>LMP</u>: Labor Management Partnership

► 2007 <u>Standby System</u>

2006 New staff

- ► Stephanie Boyden, PhD 2/2006-
- ▶ Alicia Cruz-Hunt, MFT, 5/2006- child; 1st MFT to be hired
- ▶ Larry Lee, LCSW, SSF, then SF 6/2006-
- ► E.J. Koch, MFT, 7/2006-
- ▶ Jesse Pacheco, LCSW, 7/2006-
- David Meshel, PhD, 7/2006- child
- ► Christin Mullen, MFT, 9/2006- child
- ► Tina Dietz, PhD; 9/06-, eating disorder
- ▶ Wayne Li, MFT, 11/2006-
- ▶ Richard Roston, MD, 2006-

The Moods of Boyden





Larry, Jesse, E. J., Boyden



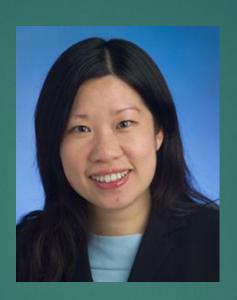






Richard, Yulan, Roger







Tina and Wayne





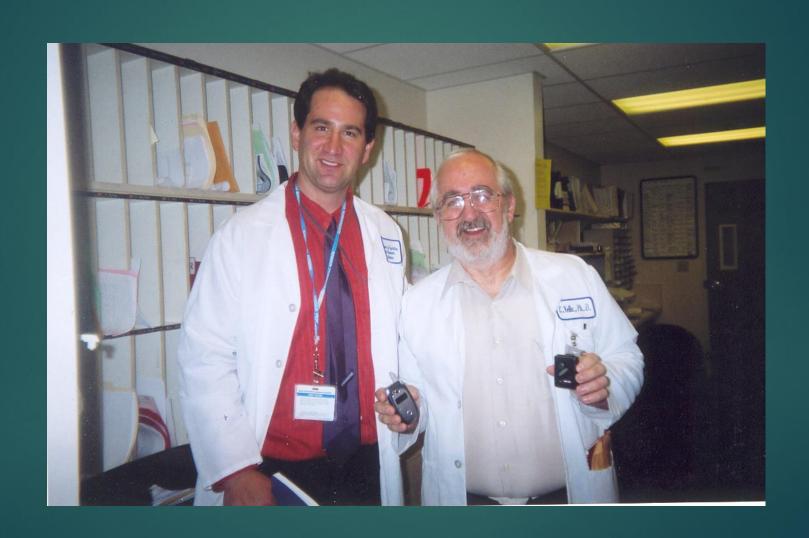
Clinic Angel



Larry, Wayne, Adam and Rosie



On Call Training: Teaching David the difference between a cell phone & beeper



Christin Mullen, Cowgirl



2006: Pedi Team



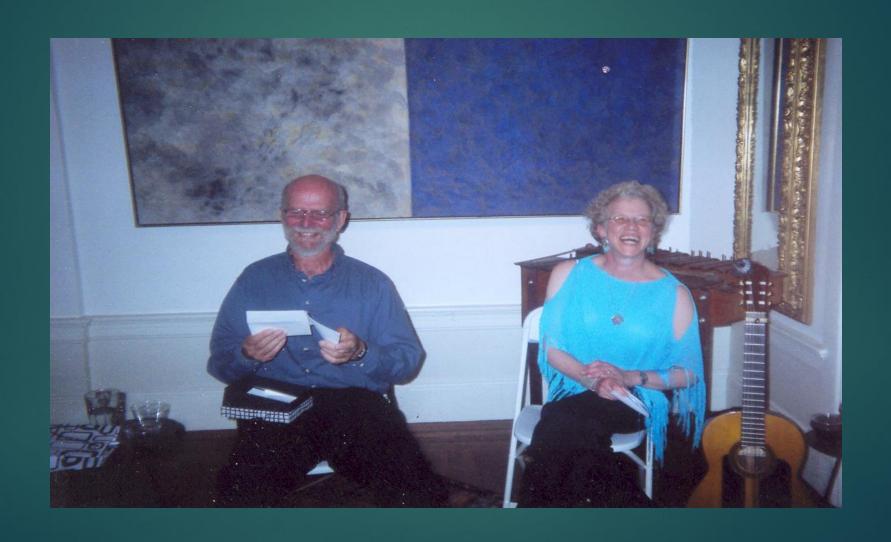
Smiles



Marion, Jesse, Rosie, Chris



2006: Fernando Retires



2007 Farewell: Natasha Torres



2007-2008 new staff

- ► Carlos Morales, LCSW, 1/2007-
- ▶ Lynne Alison McInnes, MD, 2007-
- Christy Waters, MD, Sacramento CD, SF ~2008
- ► Christina Kyskan, PhD, 2/2008
- ▶ Lewis Stanley Deen, MD, Santa Rosa, 2001; SF 2008
- ► Mikyong Han, LCSW 2008-
- ► Thomas Scluckebier, LCSW 2008-
- ▶ Jeanine Pontes, PhD 2008-
- ► Larry Kalb, PhD 2008-
- ► Gary Heung, MD 8/2008-

Alison, Mikyong, Christina, Michal







Tom, Carlos, Stan, Christy









Larry, Gary, Jeanine







Reception



2008: ASD Clinic

- ► Lissa Rechtin, PhD, MD, 10/2001-
- Margaret Wilson, PhD
- ► Gavia Brennan, PhD ~2004-
- ► Nicole Colao-Vitalo, PsyD 2008-
- ► Karen Helmuth, PsyD, 2008-
- ► Kelly Behrens, PhD, 2008-
- ► Michael Nguyen, 2008-
- ► Patrick MacLeamy PhD, 2009-

ASD Clinic: Michael, Karen, Maggie, Nicole, Patrick, Lissa











ASD 2: Kelly, Patrick





Psych Nurses

- ► Madeleine Lavelle, R.N., 1993-
- ► Nadia Hanson, R.N.
- ▶ Jodi McFarland, R.N.
- ▶ Betty Taylor, R.N.,1/1995-10/2001
- ► Liz McBride, R.N., 8/1995-
- ▶ Joanne Green, R.N., 6/2000-10/2001
- ▶ Julian Airomloo, R.N., 9/2001-1/2002
- ▶ Joyce Salinger, R.N., 1/2002-4/2005

Nurses +



Jesse in need of nursing



Psych Nurses 2

- ► Nancy Graef, R.N., 3/2002-
- ► Susan Figueroa, R.N., 3/2003-2/2007
- ► Gerri Devine, R.N., 9/2005-
- ▶ Doreen Bekeza, R.N., 11/2005-??
- ▶ Jean Pearson, R.N., 4/2005- 3/2007, oncall
- ▶ Diane Wepsic, R.N. 7/2006- 2008
- Nancy Padilla, R.N., 2008-
- ► Tyrone Sturdivant, R.N., 2008-

Doreen Bekeza & Diane Wepsic & Joyce Salinger







Tyrone & Nancy





Witches



2008: Health Connect

Health Connect: largest outpatient private medical chart database in the world

▶ \$4 billion

Anger Management 2



2009 PostDocs: Summi Kaipa, Adrienne Lovelund, So Youn Park







2009 LCSW Interns: Dona Hirschfield-White, Lisa Gold, Marina Lemkhin



2009

▶ Michal Weber, PhD, resident 2008, staff neuropsychologist 1/2009

▶ Jaime Epstein, PhD, 10/2009, child team

▶ #199: Tashya Wilson, PhD, 10/2009, child team

2009: Tashya Wilson & Jaime Epstein





2009

- ▶ 2009: 101 total staff (84 providers)
- Medical Necessity
- ► Psychiatry in Medicine: Richard and Chris
- ► The down economy: 3 % staff reduction plan
- ► Mason Turner doing regional work

The End

► All history is an interpretation.

► All errors are mine.

► Neuropsychology was a great career!

► Compiler: Charles J. Vella, PhD

www.charlesjvellaphd.com